



2017 SOUTHBRIDGE RESOURCE GUIDE

NAME & ADDRESS

CONTACT INFO

Anti-bullying

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| <p>Harrington Self Wellness Program 164 South Street</p> | <p>Main # (508) 764-2441 (508) 764-5191 www.harringtonswp.org</p> |
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Behavior/Mental Health

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| <p>The Bridge of Central Mass. 74 Litchfield Ave</p> | <p>Main # (508) 755-0333 Local # (508) 765-9248 http://www.thebridgecm.org</p> |
| <p>GB Wells Behavioral Health Center 29 Pine Street</p> | <p>All calls # (508) 765-9167 http://www.harringtonhospital.org</p> |
| <p>Green Valley Counseling 687 N Woodstock Rd</p> | <p>Local #s (508) 909-6986 (508) 764-1700</p> |
| <p>Harrington Hospital- Psychiatric Emergency Services (PES) 100 South Street</p> | <p>Main # (508) 765-3035 http://www.harringtonhospital.org/ services/behavioral health services/</p> |
| <p>Harrington Hospital-Outpatient Recovery Services 176 Main Street</p> | <p>Main # (508) 765-2725</p> |
| <p>Harrington Hospital Partial Hospitalization Program 29 Pine Street</p> | <p>Main # (508) 765-2227</p> |
| <p>Spectrum Health Systems 176 Main Street</p> | <p>Intake # (800) 464-9555 ext 1161</p> |
| <p>New Beginnings of Southbridge 146 Ashland Ave</p> | <p>Main # (774) 318-1806 Fax # (774) 318-1807 kgemboski@yahoo.com</p> |

Child Care

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| Montessori Children's House 370 Worcester Street | Main # (508) 764-4032 http://www.mchsouthbridge.com/ |
| WCAC Head Start 25 Cole Ave | Main # (508) 765-9244 http://www.wcac.net/head-start/ |

Child Development and Early Education

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| Healthy Families of Southern Worcester County 61 Pine Street | Main # (508) 909-0061 coperach@wcac.net |
| Kennedy Donovan Center 496 Worcester Street | Local # (508) 765-0292 http://kdc.org/south-central-early-intervention/ |
| WCAC Head Start 25 Cole Ave | Local # (508) 765-9244 http://wcac.net/yf_headstart.html |

Clothing

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| Bethlehem's Closet 40 Charlton Street | Main # (508) 347-7297 http://www.bethlehemsturbridge.org |
| Holy Trinity Episcopal Church 446 Hamilton Street | Main # (508) 765-9559 |

Domestic Violence

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| NewHope 328 Main Street | Main # (508) 838-8287 mgermain@new-hope.org |
| Harrington Self Wellness Program 164 South Street | Main # (508) 764-2441 (508) 764-5191 www.harringtonswp.org |

Education / Cultural Programs

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| Jacob Edwards Library 236 Main Street | Local # (508) 764-5426 http://jacobedwardslibrary.org/ |
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| Literacy Volunteers of South Central Ma 236 Main Street | Local # (508) 765-3880 www.lvscm.org |
| Quinsigamond Community College 5 Optical Drive | Main # (774) 318-2110 http://www.qcc.edu/qcc-southbridge |
| Southbridge Cultural Council 41 Elm Street | Local # (508) 764-7909 margbart@yahoo.com |
| WCAC HiSet (formerly GED) 25 Cole Ave | Local # (508)-765-9072 |

Employment/Job Training

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| Workforce Central 5 Optical Drive | Local # (508) 765-6430 http://www.workforcecentralma.org/about-us/southbridge-center-info |
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Food Assistance/Pantries

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| Catholic Charities 79 Elm Street | Local # (508) 765-5936 http://www.ccworc.org/ |
| Dept. of Transitional Assistance 1 North Street | Local # (508) 765-2400 http://webapps.ehs.state.ma.us/DTAOffices |
| Parish Ministry Center 279 Hamilton Street | Local # (508) 765-3701 http://www.stjp2parish.org/ |
| Southbridge Community Connections 346 Main Street | Local # (508) 765-6670 http://www.southbridgecommunityconnections.com/ |
| Southbridge Interfaith Hospitality Network 141 Main Street 2 nd floor | Local # (508) 764-4357 http://www.shelterlistings.org/city/southbridge-ma.html |
| Tri-Valley Meals on Wheels 153 Chestnut Street | Local #(508) 764-1469 Main # (508) 949-6640 https://www.trivalleyinc.org/nutrition-services/meals-on-wheels/ |
| United Way of Southbridge 155 Main Street | Local # (508) 765-5491 http://unitedwayssc.org/ |

Health/Dental Care

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| Family Health Center 32 Orchard Street | Main # (774) 318-1445 http://www.fhcw.org/en/Southbridge |
| Harrington Memorial Hospital | Local # (508) 765-9771 |

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| 100 South Street | http://harringtonhospital.org/ |
| Southbridge Family Dental Center 305 Main Street | Local # (508) 765-0880 http://www.yellowpages.com/southbridge-ma/mip/southbridge-family-dental- |

Housing

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| Southbridge Housing Authority 60 Charlton Street | Local # (508) 765-5858 http://www.ci.southbridge.ma.us/southbridge-housing-authority |
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LGBTQ Outreach

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| Harrington Self Wellness Program 164 South Street | Main # (508) 764-2441 (508) 764-5191 www.harringtonswp.org |
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Legal Assistance

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| Community Legal Aid 79 Elm Street | Local # (508) 765-9290 http://www.communitylegal.org/ |
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Pregnancy/Parenting

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| Early Intervention Partnership Program 486 Worcester Street | Local # (508) 765-0292 https://www.facebook.com/KDCSouthCentralEI |
| Pregnant & Parenting Teen Program 328 Main Street | Local # (508) 765-9101 http://www.youinc.org/index.php/services/community-based/prenant-and-parenting-teen-and-voices-with-choices.html |
| Your Life Matters Pregnancy Center 341 Main Street | Local # (508) 764-6404 |
| Harrington Self Wellness Program 164 South Street | Main # (508) 764-2441 (508) 764-5191 www.harringtonswp.org |

Public Assistance

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| Dept. of Transitional Assistance 1 North Street | Local # (508)765-2400 http://www.mass.gov/eohhs/gov/departments/dta/ |
| W.I.C. Program 61 Pine Street | Local # (508) 765-0139 http://www.wicprograms.org/ci/ma-southbridge |

Rehabilitation Facility

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| Harrington Memorial Hospital 100 South Street | Local # (508) 765-3120 harringtonhospital.org/services/rehabilitation-services/ |
| Southbridge Rehabilitation & Health Care 84 Chapin Street | Local # (508) 765-9133 http://www.athenanh.com/MA_Southbridge.aspx |

Senior Resources

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| Lifestream Healthcare Alliance, LLC 50 Elm Street Unit B | Main # (508) 873-1763 |
| Casabon Senior Center 153 Chestnut Street | Local # (508)764-5436 http://www.ci.southbridge.ma.us/council-on-aging |

Shelter

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| Southbridge Interfaith Hospitality Network 141 Main Street 2 nd floor | Local # (508) 764-4357 http://www.shelterlistings.org/city/southbridge-ma.html |
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Special Needs

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| Center of Hope Foundation 100 Foster Street | Local # (508) 764-4085 http://www.thecenterofhope.org/ |
| Tradewinds Human Resource Unlimited 309 Main Street | Local # (508) 765-9947 http://www.hru.org/site/services/tradewinds/ |

Substance Abuse

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| George B Wells Human Service Center 29 Pine Street | All calls # (508) 765-9167 http://www.harringtonhospital.org |
| Recovery Services - Harrington HealthCare System 100 South Street | Local # (508) 765-2725 http://harringtonhospital.org/services/behavioral_health_services/recovery_s |
| Southbridge Police Angel Care One Mechanic Street | Main # (508) 764-5420 |
| Spectrum Health Systems, Inc 176 Main Street | Local # (508) 765-5940 http://www.spectrumhealthsystems.org/about-us/contact |

Transportation

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| Worcester Regional Transportation Authority | Main # (508) 791-9782 http://www.therta.com/schedules/ |
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